

## Management Video Series

### Healthy Teams Checklist

*Read the following statements and check all that apply. See the additional resources at the end of this document to support your growth.*

#### Trust

- I trust the people on my team
- I model trust with my team
- My team members feel comfortable expressing differing opinions
- We have robust conversations during team meetings
- People respectfully disagree with one another
- Team members seek feedback and advice one another
- When there is a conflict, team members feel comfortable directly talking to the other person about the situation
- Team members ask for help when they need additional support
- Team members are willing to be vulnerable with one another

#### Open Communications

- I openly communicate with my team
- I am transparent with my team
- I communicate changes to my team
- There is transparency around decision-making within our team
- There is alignment around team goals
- Each person on the team understands their role in supporting larger goals
- Work is not being duplicated
- The results of work products are what was expected among the team
- People feel heard and have a clear path for expressing their opinions
- There is clarity among the team
- People talk respectfully with one another
- My team understands the preferred communications style of other team members

## Create Buy-In

- I solicit feedback from my team
- My team has opportunities to weigh in on goals and vision
- My team has autonomy for how they will accomplish goals
- My team has a clear role in decision-making processes
- Team members understand their unique contributions to the team
- Team members understand the impact of their work

## Build Relationships

- I feel that I have strong relationships with the individuals on my team
- My team members have strong relationships with one another
- I regularly build in time for my team to get to know one another
- There is laughter among our team
- We are present with one another
- We give credit to one another for the other's work, ideas, etc.
- We offer help and support to one another
- We understand one another's workstyles
- My team speaks positively about one another
- We get together for reasons other than work (e.g. eat lunch or have coffee breaks with one another)

## Resources

### **General:**

Gallup's [\*How to Improve Teamwork in the Workplace\*](#)

Bridgespan's [\*Five Tips for Building High-Performing Nonprofit Leadership Teams\*](#)

### **Trust:**

Forbe's [\*Ten Ways to Build Trust on Your Team\*](#)

Society of Human Resource Management's [\*Building Trust as a Manager\*](#)

The Balance Careers' [\*How To Build Trust on Your Team\*](#)

Social Transformation Project's [\*Creating Team Agreements\*](#)

### **Communications:**

Social Transformation Project's [\*Team Feedback Toolkit\*](#)

Forbes' [\*Which of These 4 Communication Styles Are You?\*](#)

Insights With Impact's [\*The Chemistry of Team Communications\*](#)

Inc.'s [\*How to Communicate with Your Team More Effectively\*](#)

Gallup's [\*Create a Culture that Inspires: Communications\*](#)

**Creating Buy-In:**

The Management Center's [\*Modes of Decision-Making\*](#)

Social Transformation Project's [\*5 Pathways to Effective Decisions\*](#)

Social Transformation Project's [\*DARCI Accountability Grid\*](#)

Gallup's [\*Successful Leadership: Create a Vision Through Inspiration\*](#)

**Relationships:**

Predictive Index's [\*Team Activities with Team Work Styles\*](#)

Harvard Business Review's [\*Do You Know How Each Person on Your Team Likes to Work?\*](#)

Forbes' 16 [\*Effective Ways to Encourage Strong Team Relationships\*](#)