

SARCOMA AWARENESS

Sarcomas are cancers that develop from bones or soft tissues, such as fat, muscles, nerves, and more. A sarcoma can start in any part of the body. When "Sarcoma" is part of the name of a disease, it means the tumor is malignant (cancerous).

In 2022, the American Cancer Society estimates that there will be about 13,190 (7,590 in males and 5,600 in females) new soft tissue sarcomas diagnosed.



DETECTION/TREATMENT

For early detection, make an appointment with your physician, community health center, rural health clinic, Native Hawaiian health center, or community-based organization if you notice

- A lump that is increasing in size or becomes painful
- A lump of any size that is located deep within a muscle
- Recurrence of a lump that has been removed

Some sarcomas may not cause any symptoms until they grow and press on neighboring nerves, organs, or muscles. Their growth may cause pain, a feeling of fullness, or breathing problems. Always check with your doctor for a proper diagnosis.



SARCOMA TYPES



SOFT TISSUE **SARCOMA**

Soft-tissue sarcomas (STS) are a group of cancers that begin in the connective tissues that support and connect the body, including blood vessels, fat cells, the lining of joints, lymph vessels, muscles, nerves, and tendons. Leiomyosarcoma is the most common type of soft tissue sarcoma in adults.



BONE **SARCOMAS**

Cancer can start in any part of our bones. Bone sarcoma begins when healthy cells in the bone change and grow out of control, forming a mass called a tumor. A bone tumor can be cancerous or benign.



RESOURCES

- ccr.cancer.gov
- sarcomaalliance.org
- nationalcancercenter.org
- acco.org
- cancer.org