

# Cancer Ke Acn in Orek Tuhlihk luhn Muhtwacn



Cancer el sie mas ma pwacnacng cells ke monun mwet se in puhseni aluhkwelah ma fal. Ke pacl se cancer el muhtwacwack oasri ke ip se ma pahngpahng cervix ke acn in orek tuhlihk luhn muhtwacn, ma inge pahngpahng cervical cancer.

## Riport Ke Nacmpuh Ac Ma Pwacye Ma Sikyak



- In fal nuhke acn in oracni mwe ahkuhtweye nuhke cancer fin acn Macrike, oasr **sensen yohk in weack cervical cancer** yurin muhtwacn Vietnam liki kuhtwena acn kuh u in mwet sahyac.
- Fal nuhke Ohfuhs luhn Minority Health, konweyuckyak lah muhtwacn American Samoa fihsracsr **in weack ac misac ke cervical cancer, pacl luo yohk liki** muhtwacn Fasrfasr ma tiac mwet Hispanic.
- In eis mwe srihke (screening) nuhke cancer luhn cervical, titi, ac acn in fahsr tok (colorectal), ahkkahlwemye lah ma inge ahksrihkyela pihsen mwet ma misac kac. Tuhsruhktuh, fin acn California, kwacna riportiyuck lah **srihklac na pwacye screening** luhn mwet Asian America liki mwet kuh u in mwet sahyac uh.
  - Percent 35 ke mwet Korea ac percent 30 ke mwet Vietnam. Mwet Macrike fin acn California pa **yohk emeet pihsen mwet ma tiac ahkos oakwuck inge** inmahsrton mwet nuhkewa kuh u in mwet nuhkewa (Tseng, et al., 2010).
- Mwe ahkuhtweyac sin ip luhn Health Center Program Uniform Data System (UDS) ahkkahlwemye lah acn Palau oruh screening nuhke cervical cancer ac **percent 36.73 muhkwenana sin muhtwacn ke lohm ono laltahl** pa eis ke yac 2020, puhs liki acn Pohnpei.

## Mwe Akucl Ac Kuhtuh Ohiyac

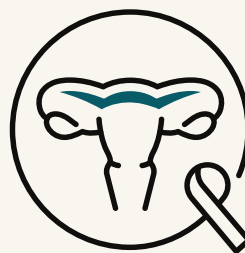
Sahp ac kuh na in wacngihn mwe akucl kuh ohiyac ma ac ahkkahlwemyeyuck ke muhtwawacyen cervical cancer, pasis arlac yohk srihpac in eis screening nuhke cervical cancer. Fin upaclah cervical cancer, ac kuh na in oruh tuh srah kuh kuhtuh srano sahyac som liki acn in fahsr meet luhn sie muhtwacn, sie ma ma tiac kwacna orek. Oacna fahsr luhn srah tukun kom osun kuh ona yurin sie mukul. Fin oasr kuhtwena sin mwe akucl inge yurum, sramsram nuhsin daktuh lom kuh som nuhke lohm in ono ke mura lom an.

## Kuhtuh Ma Sensen

Muhtwacn nuhkewa oasr ke mwe sensen in weack cervical cancer, yohk na muhtwacn ma aluhkwelah yac 30. Wet se inge ma pahngpahng Human papillomavirus (HPV) kwacna sikyak ac inkaiyen mwet uh eis wet inge ke sie pacl in moul laltahl. Kais kuhtuh sin wet ke HPV fin oasr yurum ke lusen pacl loes se (infection), pa inge srihpac yohk emeet ma pwacnacng cervical cancer. HPV kwacna ituckyang nuhsin mwet uh ke eltahl osun kuh ona yurin sie mwet (STI) ac inkaiyen pacl uh wacngihn mwe akucl ac sikyak.

Kuhtuh pac ma ma kuh in ahkyohkyelik sensen nuhsin:

- Fin oasr HIV yurum
- Sismohk
- Eis ono in tulokihnyac pihntuctuc ahluhwelah yac lihmekohsr
- Oswelah tuhlihk tolu kuh puhs liki
- Fin kom osun kuh ona yurin mwet puhs liki luo



## Mwe Kahsruh luhn Screening ac Mwe Karihngin Sahyac

Ma yohk srihpac emeet kom kuh in oruh tuh in kahsruh karihngin kom liki cervical cancer, pa in eis mwe fakfek in kohsrkohsr nuhke HPV ke pacl na sa ac eis screening ke pacl nuhkewa ma enwenweyuck.

**Fakfek in kohsrkohsr nuhke HPV** e lain kuhtwena wet ke HPV ma kwacna oraclah cancer nuhke cervix, acn in fahsr meet (vaginal), ac inwacn acn in fahsr meet (vulva).

- Fakfek in kohsrkohsr nuhke HPV ahkkweyeyuck in ituck sin tuhlihk muhtwacn ma yac 11 nuhke 12, tuh kuh pacna in intuckyang nuh selos suc yac 9. Ma inge ahkkweyeyuck pac nuhsin kuhtwena muhtwacn ma tiac aluhkwelah yac 26, fin eltahl soenna eis fakfek in kohsrkohsr inge.
- Fakfek in kohsrkohsr nuhke HPV tiac ahkkweyeyuck nuhsin kuhtwena mwet ma ahluhwelah yac 26, pwacna fin daktuh laltahl fwahk eltahl in eis.

Fakfek in kohsrkohsr nuhke HPV lain kuhtuh wet sasuc ma tuhkuh ke HPV, tuhsruhktuh el tiac onwelah wet kuh mas ma oasr tari. Kom enenuh in eis screen nuhke cervical cancer pacl nuhkewa ma enwenweyuck, finnwe kom eis fakfek in kohsrkohsr nuhke HPV.



Oasr mwe srihkasrak luo luhn screening ma kuh in kahsruh lain cervical cancer kuh konwack fin mas inge tuhfhana orek. Kom kuh in eis mwe srihkasrak luo inge ke ohfuhs luhn daktuh, clinic, kuh lohm in ono ke mura lom an.

- Mwe srihkasrak luhn Pap (kuh Pap smear) orek tuh in suk fin oasr kuhtwena ma ma ac ahkkahlwemye fin oasr cancer, eklac luhn cells ke cervix ma kuh na in som nuhke cervical cancer fin tiac onweyuck ke ohiyac ma fal.
- Mwe srihkasrak luhn HPV ac suk fin oasr wet luhn HPV ma kuh na in pwacnacng tuh oasr eklac ke cells uh.

Ip luhn USPSTF ahkkweye in eis screening nuhke cervical cancer tukun yac 3 nuhkewa yurin cervical cytology nuhsin muhtwacn ma yac 21 nuhke 29 muhkwenana. Nuhsin muhtwacn ma yac 30 nuhke 65, ip luhn USPSTF ahkkweye screening in orek tukun yac 3 nuhkewa yurin cervical cytology, tukun yac 5 muhtwacn ma oasr ke sensen yohk in eis mwe srihkasrak nuhke wet inge papillomavirus, kuh tukun yac 5 nuhkewa in eis mwe srihkasrak luhn hrHPV weacng cytology.

**Konwack sie Screening Program Ma Apkuhran nuh Yurum:**  
[cdc.gov/cancer/nbccedp/screenings.htm](https://www.cdc.gov/cancer/nbccedp/screenings.htm)

## Mwe Kahsruh

- **Pacific Island Cervical Cancer Screening Initiative:** [piccsi.org](http://piccsi.org)
- **American Cancer Society:** [cancer.org](http://cancer.org)
- **National Cancer Institute:** [cancer.gov](http://cancer.gov)
- **'Imi Hale Native Hawaiian Cancer Network:** [imihale.org/education\\_materials.htm](http://imihale.org/education_materials.htm)
- **California State University, Fullerton:** [wincart.fullerton.edu/cancer\\_edu/index.htm](http://wincart.fullerton.edu/cancer_edu/index.htm)
- **Asian American Health Initiative:** [aahiinfo.org](http://aahiinfo.org)
- **Pacific Cancer Programs:** [pacificcancer.org](http://pacificcancer.org)
- **Asian American Cancer Support Network:** [aacsn.org](http://aacsn.org)