

Shingles

Source: Centers for Disease
Control and Prevention
English

What is Shingles?

Shingles, also known as herpes zoster, is caused by the varicella zoster virus (VZV), the same virus that causes chickenpox.

VZV stays inactive in the body after chickenpox recovery. This virus can reactivate later, causing shingles. Symptoms of shingles often include painful rashes, fever, chills, and headache and can lead to more serious complications like vision loss.



Where do I get the vaccine?

The shingles vaccine shows a strong record of safety and effectiveness. Please talk to your healthcare provider, local community-based organization, community health center, Rural Health Center, and/or Native Hawaiian Health Center if you want the hepatitis B vaccine or for more information.

Who should get the vaccine?

Two doses of the shingles vaccine is recommended for all adults over 50 and people over the age of 19 with weakened immune systems. According to a 2019 data report by the Centers for Disease Control and Prevention, only 23% of Asian Americans over the age of 50 had received a dose of the shingles vaccine (no data on NH/PIs was available).

For more health-related information, please visit apiahf.org or email us at communityengagement@apiahf.org.

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