## Tdap (Tetanus, Diphtheria, Pertussis) Vaccine

Source: Centers for Disease Control and Prevention English

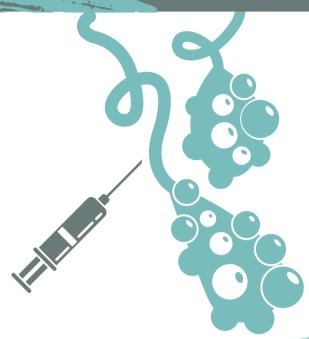
## What is Tdap?

The Tdap vaccine can prevent tetanus, diphtheria, and pertussis.

- Tetanus (T) causes painful tightening of the muscles and can lead to serious health issues including inability to swallow or breath and even death.
- Diphtheria (D) can lead to a bacterial infection causing difficulty breathing, heart failure, paralysis, or death.
- Pertussis (aP), AKA "whooping cough," is highly contagious and can cause serious coughing, and make eating, drinking or breathing difficult. Pertussis is especially dangerous in babies and young children.

## Where do I get the vaccine?

Please talk to your healthcare provider, local community-based organization, community health center, Rural Health Center, and/or Native Hawaiian Health Center if you want the Tdap vaccine or for more information.



## Who should get the vaccine?

Almost all babies and young children in the U.S. get vaccinated with DTap (different dosage than Tdap).

- Adolescents should get one dose of Tdap between the ages of 11 and 12 years to boost their immunity.
- Pregnant people should get a dose of Tdap during every pregnancy, during the beginning of the third trimester.
- Adults should also receive a booster dose of either Tdap or Td every 10 years, or after 5 years in the case of a severe or dirty wound or burn.

